## Cherry Beach Stewards - July 2022

Hey there gang,

It's summertime, and the living is easy. Here's Nancy enjoying her first swim. **Let's swim and picnic at the beach!** Wear swim gear under your clothes, bring water shoes, and you'll be ready to throw yourself in as soon as we're done stewarding. It's heavenly!

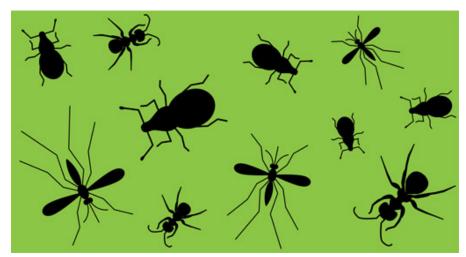


## **Superheroes Unite!**

This month we'll be battling the arch villains of the gardening world - phragmites and knotweed. They're bullies that form monocultures. It takes a league of super heroes to defeat them.



## Caterpillar Count on Sun July 17, after stewarding from 10:30-11:30. Join us!



**Shoreline Revival Cleanup (by boat & SUP) Wed July 20** This is not a TNS event, but we love them! Whoever picks up the most trash on the shoreline of Cherry Beach and the Leslie Street Spit is awarded a \$200 Visa Gift Card. If you want to try this fun litter pickup, sign up with them,

https://shorelinerevivalgroup.ca/participate-in-our-events.



Even though you want to wear shorts, protect yourself from fire ants, ticks, mosquitos, poison ivy:

- . boots or sneakers (no sandals! no flip flops!)
- . long pants tucked into long socks, long sleeve shirts, work gloves
- . cell phone, hat/scarf, sunscreen, bug spray, water, snacks, bathing suit, water shoes